

Camp Necessities

- Football Cleats
- Shorts
- T-Shirt
- Pillow & Blanket (Thursday)

The Warhawk coaching staff will run the athletes through drills, agilities and teach fundamental techniques of offense and defense. Pads will not be worn. If at all possible, please pre-register so that t-shirt orders can be made. We will meet at the practice football field.

**There will be a parent meeting / pot-luck Thursday night at 6:00. Please bring a main dish and a side dish or dessert to share. Please bring place settings & drink.*



Warhawk Football

Mail waiver and entry fee to:

Head Coach Football Coach
Eric Burt
504 Park Street
Sheffield, IA 50475
Phone: 641.425.1622
coach_burt@yahoo.com



West Fork High School Football Camp



July 29th – July 31st

(Campers spend night on 30th)
July 29th : 5:30 – 8:30 pm
July 30th : 10:00 am – Overnight
July 31st : 8:00am – 10:00am

Pot Luck Thursday Night!

-Please bring place settings & drink-

Jr/Sr – Main Dish & Dessert
Fr/So – Main Dish & Side Dish

West Fork High School Football Camp

Check: 9th -12th Camp, \$25.00

Name of Camper _____

Entering Grade _____

Address _____

City, State, Zip _____

Phone Number _____

T-Shirt Size (Circle) S M L XL XXL

Shorts Size (Circle) S M L XL XXL

Emergency Name & Number _____

Make checks payable to:

Eric Burt

**Please call Eric Burt
with any questions at
425-1622**

Waiver: I hereby grant permission for my son to participate in the camp and acknowledge that he is physically able to participate in all camp activities. I waive and release the school and all camp personnel from any and all liability for any injuries or illness incurred while at camp.

Signature of parent or guardian _____ Date _____

Fundamentals Addressed

Offensive Linemen:

Stance, pulling, trapping, run and pass blocking techniques.

Backs & Receivers:

Stance, footwork, ball security starts, pass routes, ball handling.

Linebackers:

Tackling, responsibilities, fits and taking on blocks.

Defensive Linemen:

Tackling, stance, scheme fits, starts, taking on & defeating blocks.

Defensive Backs:

Tackling, reading key, pass coverages and technique.