

Camp Necessities

- Football Cleats
- Shorts
- T-Shirt

The Warhawk coaching staff will run the athletes through drills, agilities and teach fundamental techniques of offense and defense. Pads will not be worn. If at all possible, please pre-register so that t-shirt orders can be made. We will meet at the practice football field.



Warhawk Football

Mail waiver and entry fee to:

Head Coach Football Coach
Eric Burt
504 Park Street
Sheffield, IA 50475
Phone: 641.425.1622
coach_burt@yahoo.com



West Fork Junior High Football Camp



July 27th – July 28st
: 5:30 – 8:30 pm

Entering 5th – 8th grade

West Fork Junior High Football Camp

Check: 7th -8th Camp, \$20.00

Name of Camper _____

Entering Grade _____

Address _____

City, State, Zip _____

Phone Number _____

T-Shirt Size (Circle) S M L XL XXL

Emergency Name & Number _____

Make checks payable to:

Eric Burt

**Please call Eric Burt
with any questions at
425-1622**

Waiver: I hereby grant permission for my son to participate in the camp and acknowledge that he is physically able to participate in all camp activities. I waive and release the school and all camp personnel from any and all liability for any injuries or illness incurred while at camp.

Signature of parent or guardian _____ Date _____

**Fundamentals
Addressed**

Offensive Linemen:

Stance, pulling, trapping, run and pass blocking techniques.

Backs & Receivers:

Stance, footwork, ball security starts, pass routes, ball handling.

Linebackers:

Tackling, responsibilities, fits and taking on blocks.

Defensive Linemen:

Tackling, stance, scheme fits, starts, taking on & defeating blocks.

Defensive Backs:

Tackling, reading key, pass coverages and technique.