

# Camp Necessities

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- Football Cleats
- Shorts
- T-Shirt

The Warhawk coaching staff will run the athletes through drills, agilities and teach fundamental techniques of offense and defense. Pads will not be worn. If at all possible, please pre-register so that t-shirt orders can be made. We will meet at the practice football field in **SHEFFIELD.**



## Warhawk Football

Mail waiver and entry fee to:

Head Coach Football Coach  
Eric Burt  
504 Park Street  
Sheffield, IA 50475  
Phone: 641.425.1622  
coach\_burt@yahoo.com



# West Fork Junior High Football Camp

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**July 28<sup>th</sup>:**  
3:30 – 6:30 pm  
**July 29<sup>th</sup>:**  
10:00 – 12:00  
3:30 - 5:30  
Entering 7<sup>th</sup> – 8<sup>th</sup> grade

## West Fork Junior High Football Camp

Check:  7<sup>th</sup> -8<sup>th</sup> Camp, \$20.00

Name of Camper \_\_\_\_\_

Entering Grade \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

T-Shirt Size (Circle) S M L XL XXL

Emergency Name & Number \_\_\_\_\_

**Make checks payable to:**

**Eric Burt**

**Please call Eric Burt  
with any questions at  
425-1622**

**Waiver:** I hereby grant permission for my son to participate in the camp and acknowledge that he is physically able to participate in all camp activities. I waive and release the school and all camp personnel from any and all liability for any injuries or illness incurred while at camp.

Signature of parent or guardian \_\_\_\_\_ Date \_\_\_\_\_

### **Fundamentals Addressed**

#### **Offensive Linemen:**

Stance, pulling, trapping, run and pass blocking techniques.

#### **Backs & Receivers:**

Stance, footwork, ball security starts, pass routes, ball handling.

#### **Linebackers:**

Tackling, responsibilities, fits and taking on blocks.

#### **Defensive Linemen:**

Tackling, stance, scheme fits, starts, taking on & defeating blocks.

#### **Defensive Backs:**

Tackling, reading key, pass coverages and technique.