

West Fork Breakfast/Hot Lunch May/June 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Sheffield- Cereal, Toast Spaghetti/Meat Sauce, Garlic Toast, Green Beans, Applesauce</p> <p>Rockwell – Pancake & Sausage Grilled cheese sandwich, baked beans, plain chips, peaches</p>	<p>4 Sheffield-French Toast Sticks, Sausage Tomato/Chicken Noodle Soup, Toasted Cheese, Cottage Cheese, Peaches</p> <p>Rockwell – Donut & Cereal Hamburger/bun, fries, pineapple, green beans,</p> <p>KINDERGARDEN ROUND-UP</p>	<p>5 Sheffield-Omelet, Bacon, Toast Salisbury Steak, Mashed Potatoes, Corn</p> <p>Rockwell – Breakfast pizza Popcorn chicken, mashed potatoes/gravy, applesauce, corn, butter/peanut butter sandwich</p>	<p>6 Sheffield –Pancake on a Stick, Yogurt Chicken Tenders, Mashed Potatoes, Baked Beans, Brownie</p> <p>Rockwell – French toast sticks & ham Beef ole fritios, meat, cheese, lettuce, tomato, mixed fruit, cake w/ frosting</p>	<p>7 Sheffield-Breakfast Pizza, Yogurt Pizza, Breadsticks, Corn</p> <p>Rockwell – Biscuit & gravy Bosco sticks, corn, pears, trail mix</p>
<p>10 Sheffield-Oatmeal, Toast Chicken Sandwich, Mashed Potatoes, Corn, Blonde Brownie</p> <p>Rockwell – Pancake on stick& yogurt Chicken fajita on soft shell, lettuce, tomato, cheese, pineapple, sugar cookie</p>	<p>11 Sheffield – French Toast, Sausage Chili Crispito, Rice Pilaf, Pears</p> <p>Rockwell – Scrambled egg/sausage Turkey deli on bun, smiley potatoes, apple sauce, rice krispie bar</p>	<p>12 Sheffield-Egg Patty, Bacon, Toast Sub Sandwich, Chips, Salsa, Apples</p> <p>Rockwell –Breakfast pizza Hot dogs, grapes, chips</p> <p style="text-align: center;">12:30 Dismissal</p>	<p>13 Sheffield-Pancakes, Sausage Lasagna, Garlic Toast, Caesar Salad</p> <p>Rockwell – Cereal & muffin Chicken patty/bun, green beans, fruit cocktail, ice cream treat</p>	<p>14 Sheffield-Breakfast Wrap, Toast Popcorn Chicken, Potato Wedges, Apples</p> <p>Rockwell – Biscuits & gravy Chicken nuggets, applesauce, corn, butter/peanut butter sandwich</p>
<p>17 Sheffield-Cereal, Toast Chicken Nuggets, Fries, Moon Cake</p> <p>Rockwell – French toast sticks/sausage Popcorn chicken, peaches, broccoli, cake w/ frosting</p>	<p>18 Sheffield-French Toast, Sausage Pizzaburger, Hash Browns, Green Beans</p> <p>Rockwell – Cereal & Donuts Cheese pizza, corn, mixed fruit, animal crackers</p>	<p>19 Sheffield-Omelet, Toast, Bacon Shrimp Shapes, Mac & Cheese, Jello</p> <p>Rockwell – Breakfast Pizza Cheddarwurst /bun, baked beans, plain chips, applesauce</p>	<p>20 Sheffield-Pancake on a Stick, Yogurt Hot Turkey Sandwich, Mashed potatoes, Gravy, Corn</p> <p>Rockwell – Pancake & ham Chicken fajitas/soft shell, lettuce/tomato, half apple w/Carmel, cooked carrots</p>	<p>21 Sheffield-Ham, Eggs, Toast Goulash, Garlic Toast, Peaches</p> <p>Rockwell –Biscuits & gravy Corn dog, tator tots, pears, corn</p>
<p>24 Sheffield- Cooks Choice Tacos, Rice Pilaf, Sandwich</p> <p>Rockwell –Scrambled eggs & sausage Shrimp poppers, mashed potatoes/gravy, mixed fruit, butter/peanut butter sandwich</p>	<p>25 Sheffield- French Toast, Sausage Cook’s Choice</p> <p>Rockwell – Pancake on a stick, yogurt Loose meat/bun, fries, pears, trail mix</p>	<p>26 Sheffield-Egg Patty, Toast, Bacon Pasta Marinara, Breadsticks, Oranges</p> <p>Rockwell – Breakfast pizza Egg/ham/cheese/bun, tator tots, half orange, cinnamon cake</p>	<p>27 Sheffield-Cook’s Choice Scalloped Potatoes, Ham, Green Beans, Applesauce</p> <p>Rockwell – Cereal & donuts Popcorn chicken, lettuce salad, grapes, corn</p>	<p>28 Sheffield-Breakfast Pizza, Yogurt Italian Dunkers, Hash Browns, Caesar Salad</p> <p>Rockwell –Biscuits & gravy Sloppy Joe’s, chips, pears, rice krispie bar</p> <p style="text-align: center;">GRAND PARENTS’ DAY</p>
<p>31</p> <p>MEMORIAL DAY NO SCHOOL</p>	<p>June 1 Sheffield-French Toast Sticks, Sausage Pizza, Breadsticks, Pears</p> <p>Rockwell –Cereal & Donuts Turkey deli sandwich, chips, granola bar, half apple,</p>	<p>June 2 Sheffield-Omelet, Bacon, Toast Chicken Gravy, Mashed potatoes, Corn</p> <p>Rockwell – Breakfast pizza Bosco sticks, pears, cooked carrots</p>	<p>June 3 Sheffield-Cook’s Choice Spaghetti/Meat Sauce, Garlic Toast, Green Beans, Applesauce</p> <p>Rockwell – Cereal & yogurt Chicken nuggets, corn, applesauce, butter/peanut butter sandwich</p>	<p>June 4 Sheffield-Cook’s Choice Hotdog, Chips, Sherbet, Chocolate Chip Cookie</p> <p>Rockwell – Biscuits & Gravy PICNIC – Hot dogs, chips, animal crackers, juice box</p>