

Registration Form & Application

WARHAWK BASKETBALL CAMP

July 29-31, 2009

Name _____

Address _____

City, State, Zip _____

Home Phone _____

Grade this fall (2009) _____

Adult Shirt/Shorts Size (Please Circle One)—
please indicate youth size if needed.

S M L XL XXL

Parent/Guardian Release & Indemnity

Agreement

We (I) hereby release the West Fork Schools and all claims on account of any injuries which may be sustained by our (my) son/daughter while attending the 2009 Warhawk Basketball Camp.

Parent Signature _____

Date _____

Clip & Mail with payment to Coach Nelson (boys) or Coach Sheriff (girls), West Fork Middle School, PO Box 60, 210 N. 2nd St, Rockwell, IA 50469.

FORMS ARE DUE BY TUESDAY, MAY 26.

Grades

This camp is for all boys that will be in grades 3-8 and girls that will be in grades 4-12 for the 2009-10 school year (ie. 2nd graders right now will be eligible for camp this summer)

Player Needs

Each player will be required to furnish his/her own playing gear. Locker room facilities are available for dressing and showers.

Location

The Warhawk Basketball Camp will be conducted at the West Fork High School Gyms, 453 N.5th St., Sheffield, IA 50475.

Questions?

For further details or questions, call Jordan Nelson at 892-5008 or Doug Sheriff at 822-4603.

Warhawk Basketball Camp



Boys' Session I (3rd-5th grade)

July 29-31, 2009

9:00-11:00 am

Boys' Session II (6th-8th grade)

July 29-31, 2009

11:30 am-1:30 pm

Girls' Session I (4th-6th grade)

July 29-31, 2009

4pm-6pm

Girls' Session II (7th-12th grade)

July 29-31, 2009

6:30 pm-9:00 pm

Camp Features

Fundamentals – Time will be devoted to developing the proper fundamentals each day. Campers will learn different drills they can use in the gym and at home to continue the development of their individual basketball skills.

Contests – Each day campers will compete in contests to help develop and refine skills they’ve learned in a competitive & fun environment.

League Play – All campers will participate in numerous games and tournaments. Teams will have as few players as possible to ensure that playing time will be maximized.

“CHAMPIONS ARE MADE EVERY OFFSEASON—IT NEVER COMES WITHOUT PRACTICE.”

“GOOD, BETTER, BEST. NEVER LET IT REST UNTIL YOUR GOOD IS BETTER AND YOUR BETTER IS BEST”

Teaching Points

1. Defensive stance & movement
2. Team Defense
3. Ball Handling/Dribbling
4. Movement w/o the ball
5. Shooting
6. Rebounding
7. Post Play

A MESSAGE TO PARENTS:

The philosophy of the Warhawk Basketball Camp is to teach the team concept and working as a fist—that is, working together as a whole rather than as an individual, or “finger.” However, each participant will get instruction in individual skills to help make him/her a stronger part of the fist. A positive and fun learning environment will allow each individual to reach his potential. Remember, you do not wish to become a great player, you WORK to become a great player.

Cost

- Camp Only--\$10
 - Camp + T-shirt--\$15
 - Camp + T-shirt & shorts--\$30
- Payment must accompany registration form.

Camp Highlights

- WF Basketball T-Shirt/shorts
- Daily Contests
- Lectures and Individual instruction by West Fork coaches and players
- Full Court Games Daily
- Various Tournaments
- Individual Instruction
- Skills to improve